

# HIBS Newsletter

Issue 7

September 2022



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## Term Dates

- **Friday 30 September—**  
End of Term 3
- **Monday 17 October —**  
Start of Term 4

## From the Principal



Tena koutou e te whanau whanui

We have enjoyed a very successful Winter Tournament Week with nine teams competing in six sports around New Zealand. This is the week set aside for National Secondary School Tournaments in winter sports at various locations around the country. Our 1<sup>st</sup> XI Hockey team had a big week in Auckland and finished a very commendable 22<sup>nd</sup> in the country. That position is enough to secure our spot in the top Tournament again next year. Underwater Hockey Tournaments for both Juniors and Seniors were held here in Wellington, and we managed 6<sup>th</sup> and 9<sup>th</sup> places respectively. Junior and Senior Basketball teams took part in Wellington Regional Tournaments with the Premier team beating old foe Wellington College. Our Premier Badminton team finished 5<sup>th</sup> in Division 2 and our Under 15 Football team ended up 9<sup>th</sup> in their Tournament in Tauranga. Our Golf team finished close to the middle of the field in their competition held at the Pukekohe Golf Club in Auckland.

The highlight of the week was the 1<sup>st</sup> XI Football team finishing 2<sup>nd</sup> in New Zealand, losing 0-1 in the final. We won some pulsating matches, beating the likes of St. Peter's College (Auckland), Saint Kentigern College, (past winners of the Tournament), and Scots College in the semi-final. The final against Tauranga Boys' College was watched by hundreds of spectators at Bluewater Stadium in Napier. Our Auditorium here at School was packed as the boys and staff watched the final on the big screen. We are so proud of this team and the heights they have reached. We congratulated the boys and the coaching staff in a recent assembly. It was a very moving occasion for all present. This is one of the greatest ever sporting achievements of a HIBS team.

Our Senior students have just a matter of weeks left at School. Their focus needs to be very much on academic matters as they complete their internal assessments and then begin to look towards the NCEA examinations that start in early November. Now is the time for a final push to begin.

Subject selections for 2023 have now been completed and it is remarkable that planning for next year is already well underway.

The House Awards take place in the last week of term, from Tuesday 27 September. These are family events as each House celebrates the achievements of 2022.

Nga mihi nui

Tom Gordon

**Honour  
Integrity  
Belief  
Service**

*Encourage and Expect Excellence*



## 2023 TERM DATES

	START DATE	END DATE
TERM 1	Thursday 2 February —Year 7 and 13 only Friday 3 February— <b>Full School</b>  Monday 6 February—Waitangi Day	Thursday 6 April
TERM 2	Monday 24 April  Tuesday 25 April—Anzac Day Monday 5 June—Queen's Birthday	Friday 30 June
TERM 3	Monday 17 July	Friday 22 September
TERM 4	Monday 9 October  Monday 23 October—Labour Day	Friday 8 December

## BLAZERS

All current Year 10 students will be fitted for a blazer next week. Blazers are compulsory for all Year 11 to 13 students.

*If your son already has a blazer, please let Sandy Duffy know.*

## NEWSPAPERS

If you have any spare newspapers the Art Department would be very grateful to receive them. These can be handed in to the School Office. Thank you.



## MASKS

As per recent changes to Government guidelines, masks are no longer required to be worn.



# HOUSE AWARDS

Our annual House Awards are coming up in Week 10 of this Term. Due to Monday 26 September 2022 being declared a public holiday, the Hillary House Awards will now take place on Tuesday 27 September at the earlier time of 4pm to 5.30pm. Details for the Rutherford, Freyberg and Halberg House Awards are listed below.

Your son's attendance is compulsory for his upcoming House Awards and families are also invited and encouraged to attend. House Awards are a great opportunity to recognise student achievement within the House and parents will gain a greater insight into the Tutor Group and House system.

Students are required to be dressed in their formal uniform and are expected to present the uniform to a high standard on this important occasion.

Formal Uniform for Seniors—Blazer, shirt and tie, long trousers, black socks and polished regulation shoes.

Formal Uniform for Juniors—Short or long trousers, shirt, tie, school socks and polished regulation shoes.

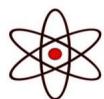
If there is a reason why your son is unable to attend the House Awards, please inform the School as soon as possible by emailing the Housemaster.

All House Awards are held in the HIBS Auditorium.



**Hillary House Awards**  
Patrick Houghton  
phoughton@hibs.school.nz

**Monday 26 September**  
**4pm—5.30pm**



**Rutherford House Awards**  
Gareth Walsh  
gwalsh@hibs.school.nz

**Tuesday 27 September**  
**7pm—8.30pm**



**Freyberg House Awards**  
Stuart Waring  
swaring@hibs.school.nz

**Wednesday 28 September**  
**7pm—8.30pm**



**Halberg House Awards**  
Jessica Anderton  
janderton@hibs.school.nz

**Thursday 29 September**  
**7pm—8.30pm**

# BOARD OF TRUSTEES

The new HIBS Board of Trustees (BOT) has had it's first official meeting, but we are short two Board Members!!

Please—consider standing for the Board (or nominating someone else) in our upcoming By-Election. Being on the BOT is not a huge time commitment but it is an act of community service that makes a huge contribution to the direction and success of the School. No previous Board experience is necessary—just a commitment to HIBS and all it stands for.

At HIBS there are two Boards. The Board of Trustees is responsible for the governance of the School, its finances, staff and strategic goals (including academic, cultural, sporting and wellbeing aspirations). The Board of Proprietors (BOP) own and operate our land and buildings and are also charged with maintaining the Special Character of the School. The two Boards work alongside each other in a positive and productive collaboration.

The BOT has appointed Byron Lynds as the Returning Officer for this By-Election. Keep an eye out for correspondence from him about the dates and the election process. Anyone with questions about what is involved is welcome to contact me at [bot@hibs.school.nz](mailto:bot@hibs.school.nz). I'm more than happy to have a chat or a catch up with any prospective Board Members.

Nga mihi

Kath  
BOT Chair



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## ENTERTAINMENT MEMBERSHIPS

20% of every membership sold contributes to our International Service fundraising. Help us achieve our goal by sharing this link with your friends and family. Thanks for your support!

<https://www.entertainmentnz.com/orderbooks/104g194>

**SHOW YOUR  
SUPPORT**

Every Membership we sell, 20%  
goes directly to our fundraising





HIBS 2023



*International Service*  
PRESENTS

# MEAT & GREET

BEER AND WINE MATCHED WITH FANTASTIC FOOD

FRIDAY

23

SEPTEMBER

HIBS AUDITORIUM

7:00 - 11:00 PM

FOR MORE INFORMATION  
[KDORNBUSCH@HIBS.SCHOOL.NZ](mailto:KDORNBUSCH@HIBS.SCHOOL.NZ)

**\$100 OR \$450**

PER PERSON  
INCLUDES FOOD  
AND SIX DRINKS

5 TICKETS IN  
ONE TRANSACTION

DRIVING OR NOT A DRINKER?  
CONTACT KELLY DORNBUSCH AT  
[KDORNBUSCH@HIBS.SCHOOL.NZ](mailto:KDORNBUSCH@HIBS.SCHOOL.NZ)  
TO DISCUSS

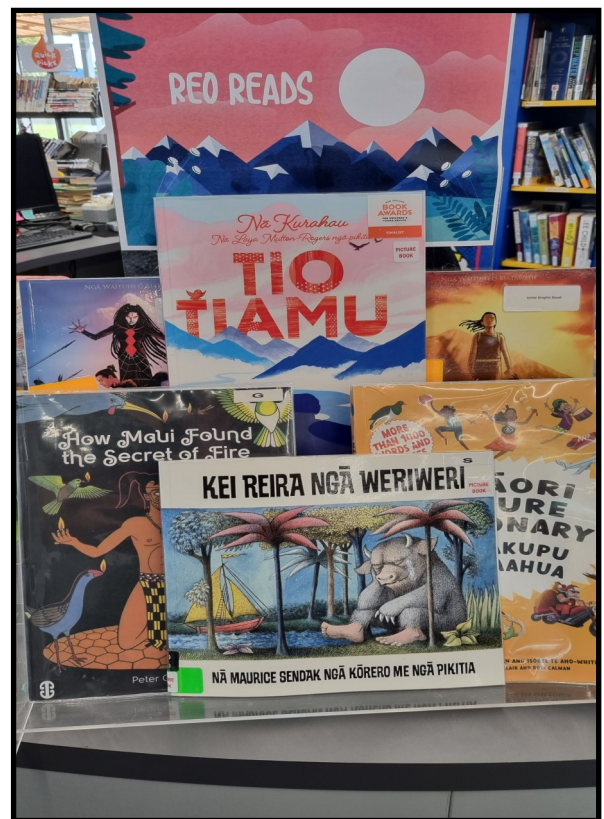


NON ALCOHOLIC REFRESHMENTS AVAILABLE



# From the Library

This Term we celebrated School Languages Week and this week we are celebrating Te Wiki o te Reo Māori 2022, Maori Language Week. We even have some books in Te Reo Māori, including *Where the Wild Things Are*. Our talented team of Student Librarians have also created a wonderful springtime display for Bee Awareness Month.



# CURRICULUM

## INTERNAL EVIDENCE EXAMS (IEE)

### Term 3

The results from the Internal Evidence Exams (IEE) completed this Term, (English and Digital Technology) will be available to students prior to the holidays so they can focus their preparation for externals on the feedback they receive from their Teachers.

### Term 4

All other subjects with external Achievement Standards will have their IEE exams between **Tuesday, 18 October and Friday, 21 October inclusive**. The IEE Timetable has been emailed to parents and students, as well as being published on the website. You can access this by selecting Curriculum, clicking on Senior School and opening the link to the IEE Timetable.

**The Digital Technologies DCAT** (final external exam) for Level 1, 2 and 3 students is scheduled for **Monday, 17 October from 1pm - 4pm. This is the first day back after the holidays.**

## NCEA External Examinations

NCEA external examinations begin on **Monday 7 November**. You can use the link below to access the NCEA Exam Timetable for 2022.

<https://www.nzqa.govt.nz/ncea/ncea-exams-and-portfolios/external/national-secondary-examinations-timetable/>

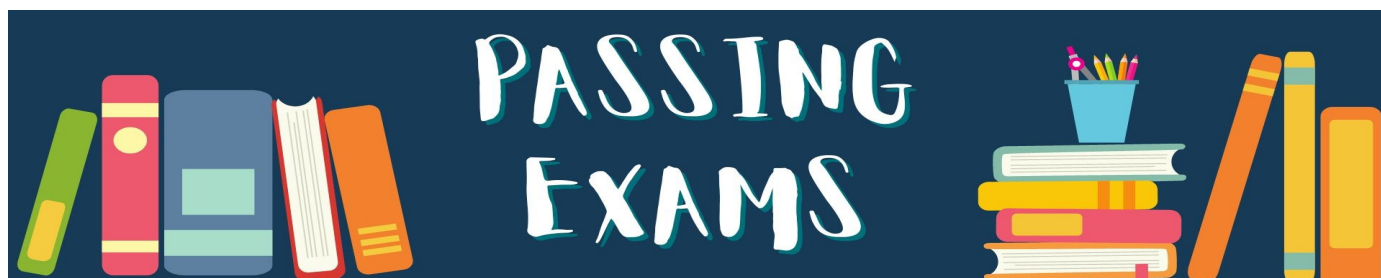
## SENIOR END OF YEAR REPORTS

Full Senior end of year reports will be published on the Portal on Friday 30 September. As well as providing a summary of individual achievements so far, these reports will focus on feedback for students to prepare for their Internal Evidence Exams in Week 1, Term 4.



Careers events and news are regularly posted to the HIBS Careers Website. Parents and students are encouraged to subscribe for the Careers Newsletters that are sent out with information on upcoming events.

<https://hibs.careerwise.school>



## YEAR 11, 12 & 13 STUDENTS—EIGHT TIPS FOR EXAM DAY

Sourced from **Passing Exams for DUMMIES** (Patrick Sherratt)

**#1 Organise Your Equipment**—This might seem obvious, but check the night before that you have everything you need for your exam, and that you know your exam start time and the venue it is being held in. Arrive at your exam with plenty of time to spare.

**#2 Get a Good Night's Rest**—Sleeping well before an exam is really important. If you are feeling underprepared you may feel tempted to stay up late to cram. The problem with this is that you won't feel rested on the day and you may not perform as well as you could on stuff you know well. Tips for sleeping well:

- ◆ *Increase the bright light exposure during the day*
- ◆ *Reduce blue light exposure in the evening*
- ◆ *Don't consume caffeine late in the day*
- ◆ *Leading up to exams try to sleep and wake at consistent times*
- ◆ *Relax with a warm shower/bath before bed*

**#3 Eat Healthy Energising Foods**—Nutrition plays a key role in enhancing recall. Eat a good breakfast and lunch on exam days, supplement with extra fruit, grains, nuts, smoothies.

**#4 Use Positive Self Talk**—What you say to yourself about your impending exams will have a profound effect on your overall performance. Positive self-talk helps condition seeing yourself in your ideal state for an exam and helps reduce negative self-talk that can creep in when you are feeling out of your comfort zone.

**#5 Practice Relaxation Techniques**—If you have some anxiety-coping strategies in place, you can regain your exposure in the event things start to go wrong. Exams can be slightly stressful, and although a little stress is motivating, if you allow more to creep in, you may begin to feel anxious which can become detrimental to your exam.

**#6 Turn Nervousness into Excitement**—When you are dealing with emotions, you need practical ways to control them. You can reduce nervousness by turning it into excitement. If you are feeling nervous, tell yourself you are feeling excited. Both emotions (nervousness and excitement) are similar. Try to focus on the feeling of excitement, you will be surprised how easily your nerves are replaced by a feeling of excited anticipation.

**#7 Keep to Yourself**—So often students arrive at an exam and begin discussing what they studied. Discussions like..., "Did you review blah blah blah...?" "No! Nobody told me we had to do that!" Then you start to feel like you are in big trouble. Discussing your readiness for exam topics with friends before you go in can be a major setback if it causes you to lose confidence. The best strategy is to avoid conversations like this. Stay aloof, if anyone asks you about the exam, change the subject.

**#8 Go For It**—Before you go into the exam room try these techniques to improve your motivation and concentration—

- ◆ Do learning-kinesiology eye movement – move your eyes from side to side (left to right) for 60 seconds. This stimulates the neural pathways between brain hemispheres and primes your brain for recall.
- ◆ Breathe for mental clarity – do breathing exercises such as 1:4:2 technique. Breathe in for four seconds, hold for 16 seconds and breathe out for eight seconds. This relaxes your nervous system and improves mental clarity. This can work in the exam also to help with a mental block.
- ◆ Relax as you are entering the room, focus on the subject and relax. Good preparation is the key to success, you can't prepare any longer so now is the time to put those hours of study to work. Go for it!

# COMMERCE

## YEAR 12 COMMERCE TRIP TO XERO

The Commerce Department would like to thank HIBS parent, Lauren Kennedy, for arranging a trip for our Year 12 Accounting students to visit the Xero Head Office in Wellington. The students were extremely impressed with the dynamic workspace and services that Xero provides. We also received some quality Xero merchandise, which was appreciated by everyone, (including Mr Graham and Mr Lawrence). Hopefully we can repeat this visit again next year. We are very grateful to Lauren and her co-workers, Devon and Joe, for finding the time in their busy schedules to help us out.



Early in September, the Senior Chinese students went to inkLink Studio in Wellington. The owner and artist, Stan Chan, demonstrated traditional Chinese painting methods, teaching our students some techniques.

Stan moved to New Zealand in 1972, and opened his workshop at Left Bank, Cuba Street in 1999. Since then his works have been displayed all over New Zealand and beyond. He has completed murals in Wellington city, had his art exhibited at the Museum of New Zealand, completed commissions for Prime Ministers, and even made logos for New Zealand Olympic teams.

The boys started with some basic calligraphy, learning which types of lines they could put together to make a character. Stan then began to teach the students how to draw some animals - first a panda, then a bird, a fish, and a dragon.



# CONGRATULATIONS

## SENIOR STEM CHALLENGE

Congratulations to our Senior STEM Challenge team (L-R Samuel Gillingham, Hamish Middleton, Ashton Harrison and Harry Watt) for taking 1<sup>st</sup> place among 23 teams from schools around the Wellington region. In a test of their knowledge of Science, Technology, Engineering, Mathematics and Medicine, the Senior HIBS team brought home the GNS Trophy for the Top Hutt Valley Team and the Victoria University trophy for Top Regional Team. Well done boys!

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## WELLINGTON MATHEMATICS ASSOCIATION—MATHSWELL COMPETITION

Over the past three weeks the Wellington Mathematics Association has been able to once again run these collaborative team Problem Solving competitions. There is a competition for students in each of the respective Year Levels from Years 7 to 11. Each team is comprised of six students who take turns to solve complex Mathematical problems.

The teams from HIBS performed really well, with our Year 7 & 8 combined team, and our Year 11 team placing in the top 10 in the Wellington region. However, our Year 9 team went on to win their competition, taking out a very convincing 1<sup>st</sup> place. The Year 9 team members were, L-R Liam Carson, Isaac Bott, Will Ashton, Judah Bennett, Elias Rorason and Jack Jenkins. Nicholas Li and Joshua Hamlyn were the reserves.



# TOURNAMENT WEEK REVIEW



## 1st XI FOOTBALL

The 1<sup>st</sup> XI Football team played in the Lotto Premier National Tournament in Napier. This featured the top 32 teams from around the country. It was an unbelievable week for the team who made the National School Grand Final and went on to lose 0-1 against Tauranga Boys' High School. The team had victories against St. John's College, Hamilton; Cashmere High School, Christchurch; St. Peter's College, Auckland and Saint Kentigern College, Auckland. They then went on to beat local rivals Scots College in the Semi-Finals.



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## UNDER 15 FOOTBALL TEAM

The Under 15 Football Team came 9<sup>th</sup> in the National Tournament, the Hillsdene Cup.

The competition was of a very high standard and the team achieved three wins, two draws and one loss. This Tournament is seen as a vital feeder into the 1<sup>st</sup> XI Football programme and a large number of our current 1<sup>st</sup> XI players have been to this Tournament.

Thank you to the coaches, Finn Stenner, Brendan McIntyre and Paul Firth for a successful season and to Mr McGeechan for all his administration and organisation behind the scenes for both the Tournament and during the season.



# TOURNAMENT WEEK REVIEW



## SENIOR BASKETBALL

The Senior Basketball team were put in the 'pool of death', which meant a very hard path. The highlight of the Tournament was beating the Wellington College Senior 'A' team for the first time in HIBS history. Injuries took their toll on the team, but having completed such a successful season, the team should be very proud.



## JUNIOR 'A' BASKETBALL

The Junior 'A' Basketball Team attended the Regional Central Tournament in New Plymouth.

Unfortunately the team suffered two major injuries to the starting five. They did however place 13<sup>th</sup> overall. A great effort.



**All Winter Sports Uniforms are to be handed back to Sandy in the Uniform Shop as soon as possible.**  
**Thank you.**

# TOURNAMENT WEEK REVIEW



## 1st XI HOCKEY

HIBS attended the Rankin Cup/India Shield combined Tournament in Albany, Auckland. This is for the top 32 school Hockey teams in New Zealand. HIBS has attended this Tournament before, but had suffered some heavy losses and were relegated each time. The team had two goals - to try and qualify from our pool into the Top 16 (Rankin Cup), and failing that, to make sure we made the Top 26 teams in order to qualify for next year.

In the team's pool was Hamilton Boys' High School, Palmerston North Boys' High School and Lindisfarne College. Unfortunately with about five minutes to go in our first game, our goalkeeper Krupal suffered a nasty injury. An emergency call was made and Oscar Reid flew up to take over. Oscar played goalie against Palmerston North Boys' and then Lindisfarne the following day. We had a tight fought 2-3 loss to Palmerston North Boys' and a 2-1 win against Lindisfarne. The next day Krupal was back and the team won 4-3 against St. Peter's College, Auckland. This means we have now qualified for next year's Rankin Cup.

The team played seven games—three wins and four losses; 15 goals for and 15 goals against. Highlights included the leadership of Captain, Grayson Dawson; Henry Beare's four penalty corner goals and Krishaan Parsotam's five goals for the Tournament, including a hat trick against St. Peter's. Ollie Bowmar was awarded MVP for HIBS for the Tournament. With a squad of 13 boys playing squads of 16 boys, it was a tremendous effort.



# TOURNAMENT WEEK REVIEW



## BADMINTON

The Senior Badminton team attended the National Tournament in Porirua. The team, led by Mr Falloon and Mr Dowd, were missing a few of their regular players but they were still able to field a strong side for the Tournament. The team finished 5<sup>th</sup> in the 'B' Division and 14<sup>th</sup> overall in the country. Well done to all the boys involved.

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## GOLF

After qualifying for the National Finals with their impressive Wellington Premier Title, the very young HIBS Golf team headed to Pukekohe to compete against the country's best golfers for both individual and team championships.

A late withdrawal of Joey Treacy, due to injury, reinforced the priority for the team to become accustomed to playing at this top level, and understanding the preparation necessary to play elite Golf.

After a nervous start the boys rallied to produce some quality play. Unsurprisingly, as a team we finished down the field, but the experience places the team in good stead for a return in subsequent years. HIBS was the youngest team by many years, and have set a goal over the next three years to return and compete for the title.

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## JUNIOR UNDERWATER HOCKEY

Most of our Junior team are new to Underwater Hockey, however they had a strong start to the Tournament, coming off a College Sport Wellington 1<sup>st</sup> place result last week. Unfortunately the team lost in their quarter final playoff match against Wellington High School, (who we beat in the final of the Wellington Competition last week). The boys played hard and fair all Tournament with some brilliant individual performances from Conrad Jones in goal, Jack Beare in the forward line and Rylee Poki in centre. Rylee was named in the Junior Open Tournament team. A 6<sup>th</sup> place finish is a huge achievement for these lads.



# TOURNAMENT WEEK REVIEW



## SENIOR UNDERWATER HOCKEY

During the National Tournament, our Senior Underwater Hockey side played in five matches. They had a tough pool (with eventual 1<sup>st</sup>, 2<sup>nd</sup> and 4<sup>th</sup> placed teams), and an even tougher schedule with games at 8am, 4pm and 8.30pm on Friday, then back at the pool for a 7.30am game on Saturday morning. The boys honed their defensive formations throughout the Tournament and this was highlighted by a phenomenal penalty goal defense effort by Captain, Ben Norris, late on Saturday afternoon. They finished the Tournament positively with an awesome 5-1 win over Howick to finish 9<sup>th</sup> in New Zealand. A great effort from these young men.



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## BADMINTON TEAM NATIONALS—JULY SCHOOL HOLIDAYS

During the July school holidays, several HIBS boys represented the Hutt Valley in the Badminton NZ Junior Nationals Tournament in Palmerston North.

Results as follows:

Joseph Ying—2<sup>nd</sup> place in Under 19 Division 2

Jack Francis, Anesh Senthuran & Simon Cho - 3<sup>rd</sup> place in Under 15 Division 2

Aiden Baxter - 3<sup>rd</sup> place in Under 13 Division 2





# AIMS GAMES

## BADMINTON

After a two year break, AIMS games was back on the calendar. The Boys Singles event had 103 entries and the Boys Doubles event had 45 pairings. After five group games, the boys were split into Divisions for the next stage of the competition. Jack Francis won all of his group games and progressed to Division 1 where he had a very competitive match against a top Auckland player. Aiden Baxter won four out of five group games and progressed to Division 2 where he played his way to the Semi-Final stage of the competition.

The boys then paired up for the Doubles event where they won their group and progressed through to Division 1 and the top eight. There they played extremely well against an Auckland pairing who were too good on the day.

Our boys represented HIBS with pride and played really well during the five day event in Tauranga.

## CROSS COUNTRY

Hugo Millar had a great week competing in the Year 8 Cross Country competition at the AIMS games. He placed 3<sup>rd</sup> in the Year 8 Boys race. There were 120 runners in the race from across the country. Hugo had his medal presented to him by Olympian, Samuel Tanner. Jacob Rice also ran in the Cross Country event for Year 7 students, finishing in an impressive 20<sup>th</sup> place from 118 competitors. Well done to both boys.

## GOLF

Hugo Sidford competed in the AIMS Games Golf competition. Round 1 at Omokoroa was unfortunately cancelled due to heavy rain. Tuesday at Te Puke, Wednesday at Tauranga and the final round at Mt Maunganui saw Hugo shoot 83, 80 and 87 to finish 16<sup>th</sup> overall.





## Upcoming Events

### **MONDAY 19 SEPTEMBER—SENIOR DRAMA PERFORMANCE EVENING**

6.30pm—7.30pm in the Performing Arts Block.

### **WEDNESDAY 21 SEPTEMBER—HIBS ARTS AWARDS**

7pm—8.30pm in the HIBS Auditorium.

### **FRIDAY 23 SEPTEMBER—MEAT & GREET—(*IS2023 Fundraiser*)**

7pm—11pm in the HIBS Auditorium.

### **SUNDAY 25 SEPTEMBER—CROWN STATIONERY SUPPLIES**

The HIBS Drama Club are presenting their performance of 'Crown Stationery Supplies' from 5.30pm to 7pm in the Performing Arts Block. All welcome to attend—the entry is free, but the experience will be priceless!

### **MONDAY 26 SEPTEMBER—SCHOOL CLOSED**

New Zealand Public Holiday to mark the passing of Queen Elizabeth II.

### **TUESDAY 27 SEPTEMBER TO THURSDAY 29 SEPTEMBER—HOUSE AWARDS**

Please refer to Page 3 for details.

## **TERM 4**

### **THURSDAY 27 OCTOBER—HIBS SPORTS AWARDS**

7pm in the HIBS Auditorium.

### **FRIDAY 28 OCTOBER—YEAR 11 SEMI-FORMAL— (*IS2023 Fundraiser*)**

7pm—10.30pm in the HIBS Auditorium.

### **MONDAY 7 NOVEMBER—NCEA BEGINS**

